

CLIENT #4 – DENIED – did not meet medical necessity

Diagnosis:

[CLIENT] is diagnosed with severe sedative, hypnotic or anxiolytic use disorder; amphetamine use disorder, severe; PTSD.

Client is a 19 year old female from Texas. She started using narcotics when she was 10 years old. She dropped out of school in the 10th grade and has never held a legitimate job. Her boyfriend is in prison, and she writes or phones him every day. She puts money on his book in prison to keep him happy. He has physically abused her in the past. Hailey was raised by her step-father who sexually abused her, and who she identifies as her closest friend. She has been living on the streets prior to being admitted to treatment at [FACILITY], and working as a stripper for money to support her drugs. She has attempted suicide twice.

When I first contacted UHC/Optum Healthcare for treatment for [PATIENT], they only approved 6 days for Detox, 9 days for RTC, 9 days for PHP and 12 days for IOP. **After only 12 days of Intensive Outpatient care, the insurance carrier determined she no longer met “medical necessity”,** and that she could attend an Outpatient program with no authorization required; basically cutting her loose back on the street unsupervised and alone.

