

CLIENT #5 – DENIED - did not meet medical criteria

Diagnosis:

[CLIENT] is diagnosed with Opioid use disorder, Severe; Other or unspecified stimulant use disorder, Severe; Cannabis use disorder, Severe; Alcohol use disorder, Severe; Major depressive disorder, Recurrent episode, Severe; Generalized anxiety disorder; Problems related to housing and economic circumstances; Problems related to education and literacy

[CLIENT] is a 28 year-old male entering treatment on XX/XX/2016, with last use of Heroin XX/XX/2015 for 3 years, Cocaine XX/XX/2015 for 2 years, Marijuana XX/XX/2015 for 13 years and alcohol XX/XX/2015 for 11 years. Client has been in only two other treatment facilities – [TREATMENT FACILITY] for 15 days and [TREATMENT FACILITY] for 7 days. [CLIENT] shared he relapsed on visiting pass with family for holidays, duration one day. [CLIENT] shared he used on December XX, 2015. [CLIENT] shared he was administratively discharged from program but enrolled into [TREATMENT FACILITY] within 2 days. [CLIENT] is currently sober for a duration of 12 days.

Additionally, [CLIENT] exhibits impairments in intrapersonal functioning as evidenced by difficulties self-soothing, fear of failure and rejection, low self-esteem, difficulty adapting to frequent change, poor judgment and mood lability. [CLIENT] exhibits impairments in interpersonal functioning as evidenced by difficulties communicating effectively, struggles with formation of healthy attachment, and lacks impulse control. [CLIENT] exhibits impairments in educational, and occupational functioning as evidenced by an inability to maintain employment, difficulty concentrating at work, unable to complete tasks, and job loss.

Insurance only authorized 7 days of residential, then dropped to a total of 21 days Intensive Outpatient, and denied any more even though client use struggling with managing impulsivity and inappropriate outburst. [CLIENT] has limited insight into how his negative behaviors impact his environment. Hopelessness, inability to think clearly, emotional overreactions or numbness, sleep disturbances, stress sensitivity. [CLIENT] also exhibits sxs/bxs that pose a significant risk for relapse at this time. [CLIENT] presents with heightened level of sadness, hopelessness, and worthlessness, loss of pleasure, and lack of motivation daily. Through observation [CLIENT] exhibits symptoms consistent with low-self-esteem as indicated by use of many self-disparaging comments throughout session. Additionally, [CLIENT] presents with excessive worry, feelings of restlessness or being on edge daily.

Went Doc to Doc review (Treating physician and Health Insurance Carrier's doctor) and was denied due to client didn't meet medical criteria, and Outpatient would be enough to help client stay sober. Client relapsed on 03/03/2016.



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